



Scottish Hockey Union Youth Newsletter

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www.scottish-hockey.org.uk

Scottish Hockey
Union
589 Lanark Rd.
Edinburgh
EH14 5DA

T: 0131 453
9070

F: 0131 453
9079

info@scottish-hockey.org.uk

Welcome to the September Edition of the Scottish Hockey Newsletter. This month we can reflect on the success of our summer camps as well as look forward to lots of exciting events as we move into the Autumn. For more information please read on.

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Introduction

As this is my 1st Newsletter as Youth Development Officer I would like to introduce myself to those who don't know me and also to introduce our new Development Administrator – Murray McBain.

I will be getting out into the community in the coming months to support those offering hockey activities throughout Scotland and to assist those who wish to offer hockey in the future. This role is very much 'hands on' with organising activities, delivering coaching sessions, in-services and festivals in relation to our STIX and Long Term Player Development Programmes.

We are looking to increase hockey participation from a youth umpiring and youth coaching perspective also and hope to initiate interest in these through our Young Umpire Award and Coaching Leaders Awards.

Support for these activities will be provided in the office by Murray, who will also be the main contact with regards to Youth Competitions and Camps/Clinics. He can be contacted at murray.mc Bain@scottish-hockey.org.uk

If you are organising any youth activities in your areas please let me know and I will include the information in our future Youth Newsletters and advertise via our website if appropriate.

I look forward to working with you and developing hockey through dynamic, fun, safe and enjoyable activities in the future.

Stacy

Stacy Bookless
Youth Development Officer

Youth Registration

There are 3 main types of registration that are applicable for Youth Hockey

- Primary School
- Secondary School
- Youth Club

The information provided through registration allows Scottish Hockey to support those who organise hockey, directly through newsletters such as this one and indirectly through the running of Youth Competitions.

To register for this season 2008/2009 please go to

www.scottish-hockey.org.uk/youthregistration.aspx

For any additional information please do not hesitate to contact me directly at stacy.bookless@scottish-hockey.org.uk

Summer Camps

As we revealed in the May edition of our newsletter, Scottish Hockey held six summer camps in 2008. There were three Youth Coaching Camps and another three Youth Development Camps. The aims of these were to improve the skills of youth players between 10 and 17 years of age in a fun and safe environment.

The Youth Coaching Camps were focused more on raising the skill levels of participants in a fun and social environment whereas the development camps concentrated on helping more serious players take their skills to the next level.

These camps were once more a great success which is reflected in the feedback we have received from both the participants and the coaches.

Emily who attended YDCG at Glenalmond College felt she benefited from 'Picking up skills and practices from the coaches to take and work on as well as the one to one coaching sessions.' Furthermore, Emily enjoyed the 'tackling practices and learning more about formations and tactics.'

Emily also felt there was great variety in her camp which acted to keep all the participants interested and engaged in the sessions, "there was good variety in the way practices were set in league teams and skills groups and a number of different aspects of the game were covered as well."

Rosie who also attended the Development Camp at Glenalmond not only 'enjoyed the food but she thoroughly enjoyed the week and learned a lot for her own development.'

The feedback we received from the coaches was equally as positive as that of the participants. Heather Clark who coached at the Inverclyde camp 'had a great time and loved the coaching aspect of the camp in addition to entertaining the kids over the weekend.'

Another of the coaches, Jamie Carnegie who coached at Fettes and Glenalmond was similarly enthusiastic about how he felt the camps went. Jamie said, "The kids were keen to learn new things and tended to listen very well. I think they benefitted most from the sessions where they moved between coaches and learnt different things from each coach. Meeting and interacting with people from different schools and places was very good for them as well."

The participants were likewise impressed by the ability and attitudes of the coaches. One of the girls stated that 'the coaches were very friendly and approachable. They showed both good coaching skills as well as playing ability. I thought it would be difficult for the coaches to keep up the motivation of the group, but I feel they achieved this.'

In addition to all the great feedback we received from coaches and participants of the six summer camps, we also received some constructive tips for next year which we will be taking on board to further increase the success and enjoyment of these camps.

Venues are already being secured for next year's camps and we hope to see all the participants again and hopefully some new enthusiasts also!

Coaching Forums

These are organised on a District basis and will focus on mentoring support for new and inexperienced coaches as well as discuss workforce development.

Our next coaching forums will be held on the following dates:

18th September in the Highlands, Charleston Academy, 7-9pm

2nd October at the National Hockey Pitches, Peffermill, Edinburgh, 7-9pm

6th October in West District, Venue TBC, 7-9pm

National In-Service

- Teachers & Coaches

26th September at Edinburgh University Hockey pitches, Peffermill, Edinburgh. 10am to 3pm

<http://www.scottish-hockey.org.uk/teacherinservice.aspx>

STIX In-service - Midland

Tuesday 16th September from 4-6pm at Rockwell High School, Dundee

Thursday 18th September from 4-6pm at Arbroath Sports Centre, Arbroath.

STIX In-service - Highland

Thursday 18th September from 4.30-6pm at Charleston Academy Community Complex.

Under 16 National League

This year Scottish Hockey will pilot an U16 National League for boys and girls. To facilitate the league it will be played on set dates at the central venues of Stirling University and Forth Bank Stadium. The league will run from late November until May 2009 and each game will be a full size, 11 a-side match with two 35 minute halves.

The league will provide a number of benefits to hockey such as the development of individual players and clubs and schools. It will provide the opportunity for U16s to develop skills and tactical ability at a similar standard before playing senior hockey.

For clubs and schools the league will facilitate the development of squads and will allow young people access to social activities. In addition to this, the league is a great stepping stone for talented players to progress to senior level.

The entry fee for the competition is £150. This includes all pitch costs and works out at about £1 per player per match for a squad of 16 players. We are currently attempting to source funding, if we are successful we will issue a refund to teams.

For further information about the U16 National League and to access the rules and entry forms please see the link below.

<http://www.scottish-hockey.org.uk/under16nationalleague.aspx>

Youth Panel

The purpose of our youth panel is to encourage more people to participate in leadership roles within Scottish Hockey. Each member of the panel is given the opportunity to develop a personal development plan (PDP) including training, mentoring and practice activities in an area they are interested in. These identified volunteers who form the youth panel will also be offered support and guidance to further develop their skills.

There are a number of areas where individuals can gain experience. These include; camp organisers, camp coaches, coaching in schools, umpiring, umpire managers, competition organisers, festival organisers, TD / TO and more.

Previous Youth Panel members have been encouraged to provide support at a local level but we are now looking to provide these exciting opportunities at a national level. This would involve volunteering at Scottish Hockey national events such as; The Celtic Cup, National Youth Events, Cup Finals and the GB Super league.

Scottish Hockey is looking for friendly, dynamic and confident people to raise awareness and participation levels of Hockey from a Youth perspective. The

opportunities on offer will not only provide an extremely rewarding experience but will also allow you to work off your own initiative, carry out your own autonomous work as well as developing strong team work orientated skills.

Volunteering to become a member of our youth panel will allow each member to build confidence, develop strong interpersonal skills, teamwork, initiative, innovation and many more skills which can be demonstrated in terms of future employment opportunities. We also provide rewards for hard work and dedication in the form of certificates, recognition at events and Scottish Hockey clothing.

Calendar Dates 2008/2009

November

National U16 League starts

8th & 9th - Girls Outdoor Interdistricts

15th & 16th - Boys Outdoor Interdistricts

January

31st January – Girls Indoor Interdistricts

February

1st – U18 Boys Indoor Interdistricts

8th – U18 Girls & Boys Indoor Scottish Cup Finals

8th – U15 Indoor Interdistricts

March

4th – Scottish Schoolgirls Cup Finals

4th – Scottish Schoolboys Cup Finals

8th – U18 Youth Cup Finals

15th – U16 Boys & Girls Youth Cup Finals

May

24th – U14 Outdoor Interdistricts

31st – U14 Youth Cup Finals

June

6th – U15 Boys & Girls Outdoor Interdistricts

UK Coaching Certificate

The UKCC is a five level flexible learning system which is based on the following key principles

- Be Coach Centred

- Offering opportunities for progression
- Linked to National Occupational Standards
- Quality Assurance systems in place
- Be flexible to meet the demands of the sport

The process has been developed by Sports Coach UK under instruction from Central Government and supported by a National Source Group formed from representatives of each Home Nation. Sports Coach UK have endorsed coach education programmes across sports within the UK, against agreed criteria, in order to have standardisation at each level and they are linked to the Qualification Framework.

There are many people who are actively coaching within Schools and Junior Clubs but do not hold a hockey coaching qualification or may have an old qualification but have not re-licensed.

Scottish Hockey holds coaching courses for people (teachers, players, students and parents) to attend in order for them to gain knowledge of coaching and hockey skills. This then allows them to have membership to the Association of Scottish Hockey Coaches and they receive insurance cover up to £5 million public liability, legal cover and 3 issues of coaching matters, which includes details of courses, seminars and coaching information for professional development.

The UKCC Level I course is for assisting more qualified coaches and introduces 'How to Coach' elements integrated into moving with the ball; moving the ball; passing and receiving with goal scoring and small game play. They are asked to complete a portfolio of theory tasks and practical sessions on course and as home study.

Re-licence

Coaches who have completed a SHU or UKCC Level I or level 2 course must provide details of practical coaching hours undertaken and courses attended over a three year period in order to accumulate points towards re-validating their qualification. The points could be accumulated in the first two years or spread out through the three years depending on personal circumstances. If coaches do not adhere to this system they will be named as 'inactive' coaches on the database at SH Office.

Applied Prior Learning (APL)

It is possible to apply for APL if the coach feels they have gained enough knowledge and practical experience of coaching without having to attend a Level I course. This will allow them to have an assessment made of their coaching and if they are deemed competent they are then able to attend a UKCC Level 2 course but if not then they must attend a UKCC Level 1 course.

I would ask that they supply a copy of a coaching CV with information on educational/employment background; courses or seminars attended for example SH National Hockey Seminar or Sports Coach UK and the extent of the practical coaching. It is requested that coaches include at least 4 samples of session plans that

have been delivered and evaluated along with their CV.

Please check out the next page for a guide for Coach Recruitment or for more information please contact Colleen Reid at colleen.reid@scottish-hockey.org.uk

When Recruiting Coaches:

